

Senior Health Screen



CHARTER MEDICAL

INNOVATIVE HEALTHCARE FOR YOU



Senior Health Screen

Our Senior Screen at Charter Medical is specifically tailored for patients over 65. This comprehensive health check is in line with the most up to date international clinical recommendations. This Screen takes about two hours and it involves in-depth consultations with our Senior Health Screening Doctor, our screening nurse specialist as well as full screening tests including bloods, vision, hearing, Body Mass Index and an osteoporosis screen.

The screen concentrates on conditions that commonly occur as one gets older:

- Cardiovascular risks
 - heart disease and stroke
- Osteoporosis
- Cancer screen – for Prostate and Ovarian (this may also require further tests)
- Diabetes
- Glaucoma – the most common cause of blindness worldwide
- Dementia/Alzheimer's
 - memory test
- Overall general health check and advice

Upon completion of the screen, our doctor will draw up a full debrief, which will be posted to you within five working days. It will include your test results, explanations, recommendations and any follow up the doctor will recommend.

This screen is ideal for those who recognize that they need to take better care of their health. This rigorous health screen encompasses a broad range of diagnostic assessments to measure your health status and thus help maintain a healthy lifestyle for the future.

For optimum blood test results we recommend fasting for 12 hours prior to the screen, drinking small amounts of water and taking your usual medications as normal.



SENIOR HEALTH SCREEN

EXAMINATION TESTING FOR

- Health & Lifestyle Advice
- Comprehensive Blood Profile
- Blood pressure
- Height
- Weight
- Body Mass Index
- Abdominal Girth
- Comprehensive Vision Assessment
- Glaucoma Screening
- Hearing Assessment
- Urinalysis
- Personal Lifestyle Analysis & Education
- Electrocardiogram (ECG)
- Full Physical Medical Exam by Doctor
- Spirometry
- DEXA Scan

COMPLETE MEDICAL DEBRIEF
POSTED

ACCESS TO OUR IN-HOUSE NURSE
ADVICE
SERVICE FOR ONE YEAR

PRICE: €495

EXPLANATIONS

COMPREHENSIVE BLOOD PROFILE

- Full blood count
- Kidney Function Test
- Liver Function Test
- Lipid profile (Total Cholesterol, LDL & HDL)
- Fasting Blood Glucose (Diabetes)
- Bone Profile
- Iron studies & Ferritin (Haemochromatosis Screen)
- Thyroid Function Test
- CA 125 (Ovarian Cancer Marker)
- Vitamin B12
- Folic Acid
- Prostate Specific Antigen (PSA)

FULL MEDICAL PHYSICAL EXAMINATION

- Cardiovascular Examination
- Respiratory Examination
- Central Nervous System
- Gastrointestinal System
- Muscle & Skeletal System
- Postural Examination
- Abdominal Examination
- Breast Examination
- Testicular Examination
- Pelvic Examination
- Mini Mental State Exam
- Get up and go test

Our objective at Charter Medical is to ensure that, as a patient, you will receive excellent medical care and attention in a professional and timely manner.



BUSES FROM THE CITY CENTRE: 90 (Aston Quay), 25, 25A, 66, 67 (Wellington Quay)
Underground Car Parking Available (ask the Reception for details)



LUAS – RED LINE

The Luas stop at Smithfield serves Connolly & Heuston Stations, St. James Hospital and Tallaght. Underground Parking available.



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