

# Medi Screen



CHARTER MEDICAL

INNOVATIVE HEALTHCARE FOR YOU



## Medi Screen

The Mediscreen has been designed for people in their thirties. The screen can last up to one and a half hours and it involves a consultation with our Senior Health Screening Doctor for a physical examination and blood tests. Fasting for twelve hours before your appointment time is required, you can have water only. If you are on medication, please take it in the usual way. After your health screen, a light meal or refreshments are provided in the Maldron Hotel next door.

Upon completion of the screen, our doctor will draw up a full debrief which will be posted to you within five working days. It will include your tests results, explanations, recommendations and any follow up the doctor will have for you.

This screen is for the younger person and is designed to measure their health status and thus help maintain a healthy lifestyle into the future.

## MEDI SCREEN

### CLINICAL STAFF INVOLVED:

Senior Health Screening Doctor

### INDICES MEASURED:

- Health & Lifestyle Advice
- Standard Blood Profile
- Blood pressure
- Height
- Weight
- Body Mass Index
- Abdominal Girth
- Hearing Assessment
- Standard Vision Assessment
- Glaucoma Screening
- Urinalysis
- Personal Lifestyle Analysis & Education
- Electrocardiogram (ECG)
- Full Physical Examination by Doctor

COMPLETE MEDICAL  
DEBRIEF POSTED

**TIME:** 1 HOUR 30MINS

**PRICE:** €295

## EXPLANATIONS

### STANDARD BLOOD PROFILE

- Full blood count
- Kidney Function Test
- Liver Function Test
- Total Lipid Profile (total Cholesterol, LDL, HDL Cholesterol)
- Fasting Blood Glucose (Diabetes)
- Bone Profile

### FULL MEDICAL PHYSICAL EXAMINATION

- Cardiovascular Examination
- Respiratory Examination
- Central Nervous System
- Gastrointestinal System
- Muscle & skeletal System
- Postural Examination
- Abdominal Examination
- Breast Examination
- Testicular Examination
- Pelvic Examination



Our objective at Charter Medical is to ensure that, as a patient, you will receive excellent medical care and attention in a professional and timely manner.



**BUSES FROM THE CITY CENTRE:** 90 (Aston Quay), 25, 25A, 66, 67 (Wellington Quay)  
**Underground Car Parking Available** (ask the Reception for details)



### LUAS – RED LINE

The Luas stop at Smithfield serves Connolly & Heuston Stations, St. James Hospital and Tallaght. Underground Parking available.



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