



CHARTER MEDICAL

# “Sixty Plus” Health Screen



# “Sixty Plus” Health Screen

The screen is recommended for those who recognise that, as they get older, they need to take greater care of their health. The “Sixty Plus” screen has been specifically designed for people in their sixties and older. While ageing in itself does not cause illness, certain pathologies are without doubt, more frequent in later life. We therefore present a comprehensive, bespoke screening service designed to detect early evidence of some of the more common age-related illnesses.

One of our Senior Health Screening doctors will provide your consultation which will include a physical examination, cognitive testing (memory test), functional skills assessment, blood tests and a diagnostic scan, if appropriate.

Fasting for a continuous period of twelve hours is required, you can have water only. If you are on medication please take this in the normal way. After your health screen a light meal or refreshments will be provided.

Our doctor will give you a full written debrief which will also be sent on to you within five working days.

This rigorous health screen encompasses a wide range of diagnostic assessments to measure your health status and thus help maintain a healthy lifestyle for the future.

## “SIXTY PLUS” HEALTH SCREEN

- Past Medical History
- Current Health Concerns
- Full Physical Examination
- Lung Function Test
- Body Mass Index
- Chest X Ray (If required)
- DEXA scan (if required)
- Electrocardiogram (ECG)
- Urinealysis
- Comprehensive Vision Screening
- Memory Screen (Mini-mental State Examination)
- Mood Assessment
- Functional Skills (activities of daily living)

COMPLETE MEDICAL DEBRIEF

**TIME:** UP TO 4 HOURS

**PRICE:** €495

## EXPLANATIONS

### COMPREHENSIVE BLOOD PROFILE

- Full Medical Examination
- Full Blood Test
- Renal
- Liver Function Test
- Bone Profiles
- Fasting Blood
- Glucose (Diabetes)
- Lipids Profile (Total Cholesterol, LDL & HDL)
- Ferritin
- Vitamin B12,
- Vitamin D & Folate
- Prostate Specific Antigen (PSA)

### FULL MEDICAL PHYSICAL EXAMINATION

- Central Nervous System Assessment
- Gastrointestinal System Assessment
- Muscle & Skeletal System Assessment
- Postural Assessment
- Abdominal Assessment
- Breast Examination
- Prostate Check
- Other as directed by physical examination

*Our objective at Charter Medical is to ensure that, as a patient, you will receive excellent medical care and attention in a professional and timely manner.*



#### BUSES FROM THE CITY CENTRE:

90 (Aston Quay), 25, 25A, 66, 67, (Wellington Quay)

Underground Car Parking Available (ask at Reception for more details)

#### LUAS-RED LINE

The Luas stop at Smithfield serves Connolly & Heuston Stations, St. James Hospital and Tallaght. Underground Parking available.

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